## IN THE CLAIMS

This listing of claims replaces all prior versions, and listings, in this application.

- 1. (currently amended) A composition suitable for oral consumption comprising an insulin sensitizer and a peptide fraction of a protein hydrolysate.
- 2. (currently amended) A composition according to claim 1, wherein the peptide fraction is comprised of di and/or tripeptides part of a hydrolysate.
- 3. (currently amended) A composition according to claim 1 <u>further comprising</u>, <u>wherein</u> the peptide fraction comprises an amount of at least one free amino acid <u>selected from</u> the group consisting which is any of leucine, phenylalanine and arginine.
- 4. (currently amended) A composition according to claim 1, wherein the peptides of the peptide fraction have are protein molecules having a molecular weights weight of less than 2000Da.
- 5. (currently amended) A composition according to claim 1, wherein the peptide fraction is comprised of rich in peptides having [[a]] molecular weights weight below 500Da preferably rich in di and/or tripeptides.
- 6. (currently amended) A composition according to claim 1, [[5]] wherein at least 20 molar%, at least 25 molar% or at least 30 molar% or at least 35 molar% of the peptides with a molecular weight below 2000Da[[ ,]] are is present as di and/or tripeptides tripeptide.
- 7. (currently amended) A composition according to claim <u>2</u> [[5]], wherein <u>most of</u> the diand/or tripeptides are <u>comprised</u> of <del>rich in</del> proline at one end <del>of the peptide</del>.

- 8. (currently amended) A composition according to claim <u>2</u> [[5]], wherein at least 20%<del>, at least 30% or at least 40%</del> of the proline present in the <u>hydrolyzed</u> starting protein is present in the di and/or tripeptides.
- 9. (currently amended) A composition according to claim <u>2</u> [[5]], wherein <u>at least</u> 30% of the tripeptides or 35% of the tripeptides have a carboxy terminal proline.
- 10. (currently amended) A composition according to claim 1 [[5]], wherein at least 30 molar% of the peptides in the peptide fraction have or at least 50 molar% or at least 70 molar% of all peptides present with a molecular weight below 2000 Da.
- 11. (previously presented) A composition according to claim 1, wherein the insulin sensitizer is chromium, vanadium, niacin, corosilic acid, banana leaf extract, ginseng berry, Ginsensoside Re, cinnamon, methylhydroxy chalcone polymer, pterostilbene, biquanide or thiazolidinedione.
- 12. (currently amended) A <u>dietetic</u> <u>dietic</u> product, <u>or</u> a pharmaceutical product, or a food or a food supplement comprising the composition according to claim 1.
- 13. (currently amended) A composition according to claim 1, wherein at least 70 molar% of peptides in the peptide fraction have a molecular weight below 2000 Da for use in a method of treatment of the human or animal body by therapy or diagnosis.
- 14. (currently amended) <u>A method</u> Method of using a composition according to claim 1 which comprises having a subject ingest the composition.
- 15. (currently amended) A method Method of reducing insulin resistance using a composition comprising a peptide fraction of a protein hydrolysate which comprises having a subject ingest the composition.

- 16. (currently amended) A method Method according to claim 14 [[15]], wherein the peptide fraction further comprises at least one free amino acid which is selected from the group consisting of tyrosine, leucine, phenylalanine and arginine.
- 17. (currently amended) <u>A method</u> Method of treating type 2 diabetes which comprises drinking a composition according to claim 1 by a subject in need thereof.
- 18. (currently amended) <u>A method</u> Method of <u>delaying development of retarding</u> diabetes which comprises drinking a composition according to claim 1 by a subject in need thereof.
- 19. (new) A composition according to claim 2 further comprising at least one free amino acid selected from the group consisting of leucine, phenylalanine and arginine.
- 20. (new) A composition according to claim 6 further comprising at least one free amino acid selected from the group consisting of leucine, phenylalanine and arginine.
- 21. (new) A composition according to claim 8 further comprising at least one free amino acid selected from the group consisting of leucine, phenylalanine and arginine.
- 22. (new) A composition according to claim 10 further comprising at least one free amino acid selected from the group consisting of leucine, phenylalanine and arginine.